

# Blessing of the Hands

*A Prayer for Caregivers*



Bless these hands with their gentle touch;  
bless these hands as they caress the ones they love so much.

Bless these hands that clasp in prayer;  
bless these hands that seek God's guidance each hour.

Bless these hands that push the wheelchairs;  
bless these hands that assist with the stairs.

Bless these hands that drive the vans;  
bless these hands that schedule doctor and therapy plans.

Bless these hands that shampoo, bath, and touch;  
bless these hands that rub the lotion and such.

Bless these hands that comb the hair and dress;  
bless these hands as they seek to bless.

Bless these hands that brush the teeth and stroke the face;  
bless these hands as they see Your grace.

Bless these hands as they work the feeding tubes;  
bless these hands, they are YOURS to use.

Bless these hands as they hold the spoon up;  
bless these hands as they lift the cup.

Bless these hands as they wipe the slobber and drool;  
bless these hands, they are a useful tool.

Bless these hands as they deliver the meds;  
bless these hands as they make the beds.

Bless these hands that massage muscles and painful nerves;  
bless these hands that are used to serve.

Bless these hands that soothe through seizures and pain;  
bless these hands that long to heal and take away the pain.

Bless these hands that pray for healing, relief, and peace;  
bless these hands that pray with great belief.

Bless these hands that clean mess after mess;  
bless these hands with patience as they are put to the test.

Bless these hands that wipe the tears;  
bless these hands that long to take away the fears.

Bless these hands as they wipe tears of their own;  
bless these hands that do this in secret, they cry alone.

Bless these hands that are often wrung in worry and fear;  
bless these hands with comfort from loved ones so dear.

Bless these hands that grow weary and tired;  
bless these hands may they always be gentle, kind, and inspired.

Bless these hands Lord, which are dedicated to YOU;  
bless these hands that are YOURS to work through.

Bless these hands Lord, with power from above;  
bless these hands to deliver YOUR intimate love.